

PROFESSIONAL / CURRICULUM VITA

CATHERINE LISA KURTH, PhD., L.P.C., CO LIC. #3290
Psychotherapist / Licensed Professional Counselor / Clinical Director

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❖ EDUCATION AND CREDENTIALS

- *Ph.D. Psychology, Health/ Behavioral Medicine* Northcentral University, 2008
 - *M.S. Counseling Psychology* California Lutheran University, 1988
 - *B.F.A. Fine Arts (Studio)* University of Colorado, Boulder, 1979
 - *Registered Psych. Assistant* California 1989-1991
 - *Licensed Professional Counselor #1457* Georgia, 1991-2004
 - *Licensed Professional Counselor # 3290* Colorado, Dec. 2002-Present
 - *Registered Hypnotherapist* American Hypnotherapy Association
1991-Present
 - *Certified Behavioral Therapist* Behavior Therapist Certif. Board
1991-Present
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❖ PROFESSIONAL EXPERIENCE

AFFILIATE FACULTY/ DEPARTMENT OF PSYCHOLOGY

COLORADO STATE UNIVERSITY, Fort Collins, Colorado (January, 2010-Present)

Collaborative departmental research role in efforts to pursue *NIMH* grant, aimed at replicating original study (Kurth, 2008) investigating perinatal, neuro-developmental biomarkers for Attention Deficit Hyperactivity Disorder (ADHD). Faculty appointment is for three years.

CLINICAL DIRECTOR/ ALPINE BEHAVIOR THERAPY CLINIC (2004-Present)

Private practice serving adults, children, couples and families. Expertise includes ADD/ADHD (adults /children), behavioral disorders, academic /learning problems, parent training, anger/stress management, depression, anxiety, chronic illness, women with infertility. Provide full evaluative services: Psychoeducational testing, ADHD, personality, substance abuse evaluations. Provide 504 and IEP school liaison services, legal/court liaison services. Supervise master level interns.

CLINICAL DIRECTOR/ ATLANTA BEHAVIOR THERAPY CLINIC (1991-2004)

Private practice served adults, children and families. Expertise included ADD/ADHD (adults /children), behavioral disorders, academic and learning problems, parent training, anger and stress management, depression and anxiety issues. Counseled those with chronic illnesses; women with infertility. Provided full evaluative/testing services, including psychoeducational, ADHD, substance abuse evaluations. Provided counseling for marital, family, adolescent and young child issues. Provided EAP services and professional agency liaison services, including IEP educational and legal /court liaison services. Provided supervision to interns.

PSYCHOTHERAPIST/RESEARCHER(1992-1993).Pain Control and Rehabilitation Institute of Georgia, Emory University Affiliate, Department of Rehabilitative Medicine

Provided individual, couple and group psychotherapy to acute and chronic pain patients in this multidisciplinary, psycho-educational treatment milieu. Provided psychological assessment and patient education aimed at teaching management and coping skills for stress, pain, chronic illness and injury symptoms. Participated in on-going research projects examining cost-effectiveness, demonstration of treatments, treatment efficacy, patient sub-grouping and outcome response.

REGISTERED PSYCHOLOGICAL ASSISTANT (1989-1991).

Private practice psychotherapist in three locations in Southern, California:

(1) Behavior Therapy and Family Counseling Clinic, Westlake Village

(2) Westland Psychological Services, Thousand Oaks

(3) Affiliated Well-Being Centre, Thousand Oaks and Lancaster

Provided private counseling services to individuals, couples, families. Provided anger management groups for troubled teens. Under supervision, provided assessment and treatment of Attention Deficit Disorders in children and adolescents. Evaluated and treated stress/anger problems, physical/sexual abuse, marital discord, addictive behaviors, chronic physical illness in women with gynecological disorders. Supervised graduate psychology practicum students. Designed /led support groups for women with fertility issues (endometriosis) and support groups for troubled adolescents.

SOCIAL WORKER IV: Children's Demonstration Project of Ventura County, Colston Youth Center (1988-1991).

Provided aftercare family, individual and group counseling for former inmate residents remaining on probation in the community. Under supervision, provided assessment, reports, treatment plans and court recommendations concerning these cross cultural, emotionally disturbed juvenile offenders, i.e., gang and cult members, substance abusers, sexual assault victims and perpetrators. Participated with interdisciplinary team of psychiatrists, psychologists, clinical social workers, probation officers within an interagency, residential treatment facility. Implemented treatment programs and provided staff training in positive behavior techniques using non-punitive consequences. Implemented innovative program of voluntary counseling for inmates (Time-In). Completed extensive research on efficacy of agency protocol. Co-authored state-published results.

PSYCHOMETRIST / STAFF RESEARCH ASSISTANT: 1988-1989

U.C.L.A.-Neuropsychiatric Institute (N.P.I.), Camarillo State Hospital, Clinical Research Unit for the Study of Schizophrenia

Provided, under supervision, multiple routine psychological assessments and behavioral interventions to adolescent and adult inpatients. Performed multiple research-related duties. Participated in a psychopharmacological evaluation of drug dosage reduction and behavioral intervention with chronic, treatment refractory schizophrenic patients. Assisted in conceptualization, implementation and follow-up of individualized patient treatment programs. Participated with interdisciplinary psychiatric team in patient recruitment and screening. Maintained data collection and patient archives. Researched current literature relevant to this protocol. Aided in article preparation for submission to peer reviewed journals, co-authored journal article (see scholarly publications).

MENTAL HEALTH ASSOCIATE: 1985-1988.

Ventura County Mental Health, Children's Demonstration Project, Colson Youth Center, Ventura, California

Provided individual, couple, family and group therapy within this residential treatment/correctional facility serving 45, majority male, emotionally disturbed juvenile offenders (gangs, cults, substance abusers, sexual assault victims and perpetrators). Under clinical supervision, performed psychoeducational and psychological assessments. Provided community aftercare treatment for residents and families. Led treatment groups focused on reduction of family domestic violence, target behaviors. Developed life skills curriculum as part of an educational component. Participated in multidisciplinary psychiatric/psychological team. Conducted research that tested the effectiveness of this interagency treatment model. Co-authored publication of results (scholarly publications).

SENIOR CRISIS INTERVENTION COUNSELOR: 1984-1985

Interface Community, Newbury Park, California

Provided in-home crisis intervention to youths, couples and families throughout Ventura County on an on-call basis. Worked with team counselors to provide evaluations, outreach and resource alternatives to troubled youths/families in crisis.

EMPLOYEE PROGRAM INTERVIEWER: 1984-1985

Job Training Partnership Act (J.T.P.A.), Ventura County, California

Recruited and interviewed youths and adults within Ventura County communities. Under supervision, provided skills assessments to determine eligibility for job training

according to federally based guidelines. Provided vocational counseling and referral to area outside agencies and resources where necessary.

PARAPROFESSIONAL THERAPIST: 1979-80, and 1982-83

Moffat County Youth Care Center, Craig, Colorado

Provided 24 hour supervision and management of 14 emotionally disturbed adolescent offenders in this coed, residential treatment facility. Provided individual, family, group and multi-family group counseling. Majority of residents were incest/sexual assault victims or perpetrators. Participated in clinical team intake evaluation, case assessment and crisis intervention. Prepared and maintained records and reports. Supervised experiential /outdoor youth outings.

❖ **RESEARCH EXPERIENCE**

AFFILIATE FACULTY, COLORADO STATE UNIVERSITY (NIMH grant pursuit, 2010).

Collaborative role with C.S.U.'s Psychology Dept. aimed at replicating the original study: The Relationship Between AD/HD and Perinatal (Oxytocin) Pitocin Induction: Risk for Developmental Adversity?

DOCTORAL DISSERTATION, NORTHCENTRAL UNIVERSITY: (Kurth, 2008)

The Relationship Between AD/HD and Perinatal (Oxytocin) Pitocin Induction: Risk for Developmental Adversity? Available at UMI services, www.proquest.com #3310167.

RESEARCH ASSISTANT: U.C.L.A., Neuropsychiatric Institute (N.P.I.) Camarillo State Hospital, 1988-1991.

In investigations with Donahoe, C. and Eckman, T., "Assessment of Interpersonal Problem Solving Skills in Schizophrenics."

RESEARCH ASSISTANT: U.C.L.A.-N.P.I., Camarillo State Hospital; 1988-1989.

In investigations with Liberman, R., Marshall, B., Bowen, L., Kuehnel, T., Kelsch, J., and Kurth, L., "The Effects of Haloperidol and Behavior Therapy in Treatment Refractory Schizophrenics: A Pilot Treatment Evaluation."

RESEARCH ASSISTANT: U.C.L.A.-N.P.I., Camarillo State Hospital; 1988-1989.

In investigations with Bowen, L., Kuehnel, T., Lutzker, J., and Wallace, C., "Assessment and Effects of Attention Deficits in Schizophrenics."

RESEARCH ASSISTANT: 1986-1988. Ventura County Children's Demonstration Project

In investigations with Essex, D., and Jordan, D. Co-evaluated this interagency treatment project for mentally disordered juvenile offenders to determine cost-effectiveness and recidivism rates of its clients. Conducted this research as part of a Master's Thesis written at California Lutheran University.

❖ SCHOLARLY PUBLICATIONS

Kurth, C. L. (September-October, 2009). The relationship between AD/HD and perinatal (oxytocin) pitocin induction: Risk for developmental adversity? *The Colorado Psychologist, Issue 5*, p. 4, (1-3). Available from <http://www.coloradopsych.org>

Kurth, C.L. (2008). The Relationship Between AD/HD and Perinatal (Oxytocin) Pitocin Induction: Risk for Developmental Adversity? *Doctoral Dissertation*. Available at UMI services, www.proquest.com #3310167.

Kurth, L. (1994). Return to balance: A journey to healing from endometriosis. In Ruth Carol (Ed). *Alternatives for Women With Endometriosis*. Chicago: Third Side Press.

Bowen, L., Glynn, S., Marshall, B.D., Kurth, L. and Hayden, J. (1990). Successful behavioral treatment of polydipsia in a schizophrenic patient. *Journal of Behavior Therapy and Experimental Psychiatry, 21*, (1), 53-61.

Kurth, L. (1989, September). Clinical outcome findings on mentally disordered juvenile offenders. *The Ventura Planning Model for Mental Health Services*, Essex, D., Jordan, D., and Feltman, R. (Ed.'s). Available from Ventura County Mental Health Services, Research and Evaluation, 300 Hillmont Ave., Ventura, California, 93003.

❖ **SCHOLARLY PUBLICATIONS (Continued)**

Kurth, L. (1988, August). Predictors of success in the treatment of mentally disordered juvenile offenders: An interagency residential model. *Unpublished master's thesis*, California Lutheran University, Thousand Oaks, California.

Kurth, L. (1987, October). Stress inoculation therapy for anger control in mentally disordered juvenile offenders: A pilot project. *Unpublished manuscript*.

Kurth, L. (Contributor), (1987, September). Essex, D., Jordan, D., and Feltman, R. (Ed.'s). *Two Year Report of The Ventura Model for Interagency Children's Mental Health Services, July 1, 1985-June 30, 1987*. Available from Ventura County Children's Demonstration Project, Research and Evaluation, 300 Hillmont Ave., Ventura, California, 93003.

Kurth, L. (1987, April). Preliminary findings on mentally disordered juvenile offenders. *A Report and Commentary on the Ventura Model for Children's Mental Health Services*. Essex, D., Jordan, D., and Feltman, R. (Ed.'s). Available from Ventura County Children's Demonstration Project, Research and Evaluation, 300 Hillmont Ave., Ventura, California, 93003.

Kurth, L. (Contributor), (1987, March). Essex, D., Jordan, D., and Feltman, R. (Ed.'s). *18 Month Report on the Ventura Model for Interagency Children's Mental Health Services, July 1, 1985-December 31, 1986*. Available from Ventura County Children's Demonstration Project, Research and Evaluation, 300 Hillmont Ave., Ventura, California, 93003.

Kurth, L. (Contributor), (1986, August). Essex, D. and Jordan, D. (Ed.'s). *First Annual Report of the Ventura County Children's Mental Health Services Demonstration Project, July 1, 1985-June 30, 1986*. Available from Ventura County Children's Demonstration Project, Research and Evaluation, 300 Hillmont Ave., Ventura, California, 93003.

❖ **COLLEGIATE TEACHING EXPERIENCE**

INSTRUCTOR: 1984-1985.

California Lutheran University, Continuing Education: Thousand Oaks, CA. The Watercolor Diet; A Course in Intermediate-Advanced Techniques in Watercolor Painting,

INSTRUCTOR: 1981-1983

Colorado Mountain College, Steamboat Springs, Colorado. Watercolor as Self Expression; A Beginning Course in Watercolor Painting.

INSTRUCTOR: 1979-82.

Colorado Mountain College, Steamboat Springs, CO. Advanced Watermedia Painting.

❖ **PROFESSIONAL / COMMUNITY SERVICE**

- *Chair, Program Committee*, 2006-2008, Colorado Psychological Association
 - *Professional Member*, 2004-2006,,Fort Collins Chamber of Commerce
 - *Clinical Advisory Board, Professional Member*, 2002-2004, ChADD of North Fulton and Cherokee County, Roswell, GA.
 - *Clinical Advisory Member, Board of Directors*, 1990-1992, Children's Advocacy, Resources and Education Foundation, Ventura, California.
 - *Clinical Advisory Member, Board of Directors*, 1990-1991, Conejo Youth Employment Services, Thousand Oaks, California.
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❖ **HONORS /PRESENTATIONS**

- *First Place Award, Research Poster Session, Div. 42, APA*, Toronto, Canada, 2009
- *Presidential Citation Award*, Colorado Psychological Association, (CPA) June, 2008
- *Presidential Citation Award*, Colorado Psychological Association (CPA) June, 2007
- *Psychology Final GPA: 4.0* Northcentral University (May, 2008)
- *Vice President, Sawnee Art Association*, Forsyth County, Georgia 2001-2002
- *Psychology GPA: 3.93* California Lutheran University (1985-1988)
- *Undergraduate GPA (last two years): 3.43* University of Colorado, Boulder ('78-'79)
- *Dean's List*, University of Denver: GPA: 4.0 (1978)

Kappa Delta Pi Certificate of Recognition, Outstanding Performance in Education, Northwestern State University (N.S.U.), (Louisiana) 1977.

President, Student Art Association, N.S.U., (Louisiana) 1977.

❖ PROFESSIONAL AFFILIATIONS

- *Member*, 1986-present. American Psychological Association (APA)
 - *Member*, 1991-present, Children & Adults with Attention Deficit Disorder (CHADD)
 - *Member*, 2005-present, Colorado Psychological Association
 - *Member*, 1991-2004, Georgia Psychological Association
 - *Member*, 2009-present, Division 42, Psychologists in Independent Practice , APA
 - *Member*, 2009-present, 1991-2000 Division 38, Health Psychology, APA
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❖ PROFESSIONAL TRAINING /CONTINUING EDUCATION COURSEWORK

August, 2009. Strategies and Programs that Help to Improve Executive Functions in Young Children. American Psychological Association Annual Convention, Toronto, Canada, Adele Diamond, PhD, Presenter.

August, 2009. Working Memory Deficits in ADHD: The Functional Relationship between Central Executive Processes and Hyperactivity. American Psychological Association Annual Convention, Toronto, Canada, Mark D. Rapport, PhD, Presenter.

August, 2009. Working Memory and ADHD: Neuroscience, Clinical and Educational Perspectives. American Psychological Association Annual Convention, Toronto, Canada, Rosemary Tannock, PhD, Presenter.

March, 2009. Sensory Processing Disorder. Summit Professional Education, John Taylor, PhD, Presenter Cheyenne, Wyoming

February, 2009. Anxiety Disorders: Research, Diagnosis and Treatment. Cross Country Education, Wayne Eastlack, PhD, Presenter, Cheyenne, Wyoming.

October, 2008. Psychotropic Medicine as Therapy; A Medication Primer for Non-Prescribing Mental Health Professionals. Mountain Crest, Poudre Valley Health System, Staff Psychiatrists, Presenters, Fort Collins, Colorado.

April, 2007. Bipolar: A New Slant on the Disorder. Cross Country Education, Jay Carter, PsyD, Presenter, Cheyenne, Wyoming.

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November, 2006. Childhood Developmental Disorders, Summit Professional Education, Cheyenne, Wyoming.

April, 2006. Child & Adolescent Bipolar Disorder and Endocrine Considerations. The Colorado Child and Adolescent Psychiatric Society, Harold and Gabrielle Carlson, MD's, Presenters.

2000-2006 Various seminars and workshops on topics including AD/HD, Childhood Disorders, Child Development and Parenting Skills Training with Daniel Amen, MD, Russell Barkley, PhD, Melvin Levine, MD, and T. Berry Brazelton, MD.

❖ **PROFESSIONAL REFERENCES**

Barry Barmann, Ph.D. / Faculty, Graduate Studies in Psychology California Lutheran University, Thousand Oaks, California, Director, Behavior Therapy and Family Counseling Clinic, Westlake Village, California

*David Bath, Attorney at Law, Bath & Associates
2695 W Eisenhower Blvd, Ste 160
Loveland, CO 80537
(970) 461-1465*

*Christopher Fields, M.D., Child & Adult Psychiatrist
296 South Main Street, Ste. 200
Alpharetta, Georgia 30004*

*Robert Haussmann, Ph.D. / Professor of Psychology (Yale Affiliate)
Northcentral University
Prescott, Arizona
(610) 867-3265*

*Leland Johnston, M.D., Child and Adult Psychiatrist
Boulder, Colorado
(720) 565-1422*

*Russell Sinnett, Attorney at Law, Senter, Goldfarb & Rice, LLC, Attorneys at Law
1700 Broadway, Suite 1700
Denver, Colorado 80290
(303) 320-0509*

❖ **PROFESSIONAL REFERENCES (Continued)**

*Henry V. Soper, Ph.D., Clinical Psychologist,
Chief Fellow, Department of Neuropsychology
U.C.L.A. Neuropsychiatric Institute, Camarillo State Hospital Site
1590 Dapple Avenue
Camarillo, California 93010-3127*

*Kenna Stephenson, M.D. / Professor of Health Psychology and Behavioral Medicine
Associate Professor of Medicine, University of Texas Health Center
(903) 877-7753*
